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As we are all challenged by the current Coronavirus (COVID-19) Pandemic, Blessed Low Income Senior Support (BLISS) is adjusting to provide necessary services to the underserved Senior community of East County, San Diego.

Due to the CDC guidelines for Social Distancing, BLISS and partnering care providers will be temporarily changing our program in order to provide safety to care recipients, and care providers alike. In so doing, BLISS will be shifting to a grocery and goods support program to help our seniors avoid public shopping and the risks associated with those activities.

BLISS, with the help of its generous supporters and shoppers are developing a stock of food and supplies compiling care packages to distribute to dozens of senior recipients.

As BLISS continues to serve our seniors in needs, we are grateful for the continued support of our generous partners. We wish all of you safety and good health at this time, and want you to know that we are still at work to responsibly carry out the mission that you help us perform.

Finally, for those of you who have been a recipient of BLISS assistance, or are in need, or just need to talk to someone, feel free to call our office so we can work out a way to support you at this time.

We at BLISS wish you all safety, provision, and good health.

The BLISS Team